



2023 - 2024 IBC Class Schedule

Preparatory Division

Prep 1

- Tuesday
 - 5:15 ~ 6:00 Technique & Tap
 - 6:00 ~ 6:30 Rehearsal
- Saturday
 - 10:30 ~ 11:15 Technique & Tap
 - 11:15 ~ 11:45 Rehearsal

Prep 2

- Tuesday
 - 6:00 ~ 6:30 Rehearsal
 - 6:30 ~ 7:15 Technique & Tap
- Saturday
 - 11:15 ~ 11:45 Rehearsal
 - 11:45 ~ 12:45 Technique & Tap

Prep 3

- Monday
 - 5:00 ~ 6:00 Technique
 - 6:00 ~ 6:45 Jazz / Modern
- Thursday
 - 5:15 ~ 6:15 Technique
- Saturday
 - 11:00 ~ 12:00 Technique
 - 2:00 ~ 5:00 Rehearsals as needed

Prep 4

- Monday
 - 6:00 ~ 6:45 Jazz / Modern
 - 7:00 ~ 8:00 Technique
 - 8:00 ~ 8:45 Historical
- Thursday
 - 6:15 ~ 7:15 Technique
- Saturday
 - 11:00 ~ 12:00 Technique
 - 2:00 ~ 5:00 Rehearsals as needed

Pre-Professional Division

Level 1

- Monday
 - 6:45 ~ 7:30 Jazz / Modern
 - 7:30 ~ 8:45 Technique & Pre-pointe
- Tuesday
 - 5:00 ~ 5:45 Character
 - 5:45 ~ 7:00 Technique & Pre-pointe
- Wednesday
 - 7:15 ~ 8:30 Technique & Pre-pointe
- Saturday
 - 10:00 ~ 11:00 Technique & Pre-pointe
 - 11:00 ~ 12:00 Contemporary
 - 2:00 ~ 5:00 Rehearsals as needed

Level 2

- Monday
 - 6:00 ~ 7:00 Technique & (pre)Pointe
 - 7:00 ~ 7:45 Jazz & Modern

- Tuesday
 - 5:00 ~ 5:45 Character
 - 7:00 ~ 8:30 Technique & (pre)Pointe
- Wednesday
 - 6:00 ~ 7:15 Technique & (pre)Pointe
- Saturday
 - 9:00 ~ 10:00 Technique & (pre)Pointe
 - 11:00 ~ 12:00 Contemporary
 - 2:00 ~ 5:00 Rehearsals as needed

Level 3

- Monday
 - 5:15 ~ 6:45 Technique & Pointe
 - 6:45 ~ 7:45 Jazz / Modern
- Wednesday
 - 5:00 ~ 6:00 Musical Theater
 - 6:00 ~ 7:45 Technique & Pointe
- Thursday
 - 5:00 ~ 6:30 Technique & Pointe
 - 6:30 ~ 7:30 Contemporary
- Saturday
 - 9:00 ~ 10:00 Technique & Pointe
 - 10:00 ~ 10:45 Character
 - 2:00 ~ 5:00 Rehearsals as needed

Level 4+

- Monday
 - 5:00 ~ 6:30 Technique & Pointe
 - 6:30 ~ 7:30 Contemporary
- Tuesday
 - 5:30 ~ 7:30 Technique & Pointe
 - 7:30 ~ 8:00 Variation
- Wednesday

- 5:00 ~ 6:00 Musical Theater
- 6:00 ~ 7:30 Technique & Pointe
- Thursday
 - 5:30 ~ 7:30 Technique & Pointe
 - 7:30 ~ 8:30 YAGP Contemporary Ensemble
- Saturday
 - 10:00 ~ 10:45 Character
 - 10:45 ~ 12:00 Technique & Pointe
 - 12:00 ~ 1:00 Pas de Deux
 - 1:00 ~ 2:00 YAGP Classical Ensemble
 - 2:00 ~ 5:00 Rehearsals as needed

Pre-Professional Day Program

Jr. Day Program

- Tuesday
 - 9:00 ~ 10:15 Technique & Pointe
 - 10:15 ~ 11:00 Conditioning
- Wednesday
 - 10:00 ~ 11:30 Technique & Pointe
 - 11:30 ~ 12:15 Conditioning
- Friday
 - 9:45 ~ 10:30 Conditioning
 - 10:30 ~ 11:30 Contemporary
 - 11:30 ~ 1:00 Technique & Pointe
- Level Evening Program

INT Day Program

- Tuesday
 - 9:00 ~ 10:15 Technique & Pointe
 - 10:15 ~ 11:00 Conditioning
- Wednesday
 - 10:00 ~ 11:30 Technique & Pointe

- 11:30 ~ 12:15 Conditioning
- Thursday
 - 9:45 ~ 10:15 Ballet History (Optional)
 - 10:15 ~ 11:00 Conditioning (Optional)
 - 11:00 ~ 12:15 Technique & Pointe
 - 12:15 ~ 1:00 Variation
- Friday
 - 9:45 ~ 10:30 Conditioning
 - 10:30 ~ 11:30 Contemporary
 - 11:30 ~ 1:00 Technique & Pointe
- Level Evening Program

ADV Day Program

- Monday
 - 9:30 ~ 10:00 Floor Bar
 - 10:00 ~ 12:00 Technique & Pointe
 - 12:00 ~ 1:00 Variation / Rehearsal
 - 11:30 ~ 12:30 Men's class
 - 1:00 ~ 1:15 break
 - 1:15 ~ 2:15 Contemporary
 - 2:15 ~ 3:15 YAGP Contemporary Ensemble1
- Tuesday
 - 9:30 ~ 10:15 Conditioning
 - 10:15 ~ 11:45 Technique & Pointe
 - 11:45 ~ 12:45 Contemporary
 - 12:45 ~ 1:45 YAGP Contemporary Ensemble2
- Wednesday
 - 10:45 ~ 11:30 Conditioning
 - 11:30 ~ 1:30 Technique & Pointe
 - 1:30 ~ 2:30 Variation / Rehearsal
- Thursday
 - 9:45 ~ 10:15 Ballet History
 - 10:15 ~ 11:00 Conditioning

- 11:00 ~ 12:45 Technique & Pointe
- 12:45 ~ 1:30 Variation / Rehearsal
- Friday
 - 9:45 ~ 10:30 Conditioning (Optional)
 - 10:30 ~ 12:30 Technique & Pointe
 - 12:00 ~ 1:00 Men's class
 - 12:30 ~ 1:45 Variation / Rehearsal
- Saturday
 - 10:00 ~ 10:45 Character
 - 10:45 ~ 12:00 Technique & Pointe
 - 12:00 ~ 1:00 Pas de Deux
 - 1:00 ~ 2:00 YAGP Classical Ensemble
 - 2:00 ~ 5:00 Rehearsals as needed

Adult Ballet

- Saturday
 - 9:00 ~ 10:30 Technique